

**NEWS RELEASE**  
**FOR IMMEDIATE RELEASE**  
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**Contact:**  
Matthew Dairman, DPM, MS, FACFAS  
President/Director  
1Foot 2Foot Centre for Foot and Ankle Care, PC  
171 North Main Street  
Suffolk, VA 23434  
757-934-0768  
[www.1foot2foot.com](http://www.1foot2foot.com)

**Contact:**  
Suffolk Economic Development  
757.514.4040  
[www.YesSuffolk.com](http://www.YesSuffolk.com)

## Downtown Suffolk Medical Center Continues to Raise the Bar

1Foot 2Foot Centre for Foot and Ankle Care continues to thrive in Downtown Suffolk by expanding quality patient care. The foot and ankle specialty medical facility has brought on a new physician, Dr. Julie Abboud, to keep more people of Hampton Roads on their feet. “Dr. Abboud’s well rounded training in foot and ankle reconstruction surgery and easy going personality make her a fantastic addition to our practice,” said Dr. Matthew Dairman, Director of 1Foot 2Foot.

Dr. Abboud hails from an intensive surgical residency program and the largest training program in Chicago. Along with Dr. Dairman, Dr. Abboud has vast knowledge of diabetic wound care, foot and ankle reconstruction with advanced External Fixation and pediatric foot care and surgery. Dairman added, “This addition of a new doctor to our wonderful staff makes me even more excited about what the future holds for us in Suffolk.”

“I am very happy to see 1Foot 2Foot expand its offerings and services with the addition of Dr. Abboud,” said Mayor Linda Johnson. “The variety of businesses under the 1Foot 2Foot umbrella on Main Street has created an outstanding destination for healthcare in our City”

In 2006, Dr. Matthew Dairman opened the world's first integrated foot and ankle facility that includes foot and ankle surgery, a medical spa, a fashion comfort shoe store, and a physical therapy gym in the heart of Downtown Suffolk. 1Foot 2Foot sees over 200 patients each week in its podiatry office alone. 1Foot 2Foot commits itself to the community, patient care and advanced knowledge which has led the business to grow internally and externally including the adoption of a new office in North Suffolk, participation in the Diabetic Shoe Program and a new Medi-Pedi Dermal Infusion Therapy. 1Foot 2Foot boasts the safest pedicures in Hampton Roads.

For more information on this medical facility and business, please visit [www.1foot2foot.com](http://www.1foot2foot.com) or call 757-934-0768.

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